

FROM LOW TO HIGH

As you travel along the Blue Ridge Parkway you will see that the terrain changes. **Terrain** means the way the land looks. In some places you will travel through low valleys and cross rivers. In other places, you will travel along narrow ridges. In some places, you will pass through rolling mountain farmland.

The terrain makes it easier or harder for people to do certain things. When the Blue Ridge Mountains were being settled, people built bigger towns in low valleys and near rivers where it is easier to get around. People had small farms in the mountains where they could use the natural resources to make the things they needed. As you ride along the Parkway from the **Roanoke Valley** (MP 106 - MP 126) to **Rocky Knob** and **Mabry Mill** (MP 166 - 176), look for changes in the way the land looks and the way people live.



Mabry Mill

Look at the **Blue Ridge Parkway Map and Guide** to find the answers to these questions:

What river does the Blue Ridge Parkway cross near Roanoke?: _____

What elevation (feet above sea level) is the river? _____

What elevation is Rocky Knob? _____

Answer these questions with 1 for **Roanoke Valley** or 2 for **Rocky Knob**:

Where is it easier to build highways and train tracks? _____

Where are there more cars and trucks? _____

Where are there more farms? _____

Where are there fewer houses? _____

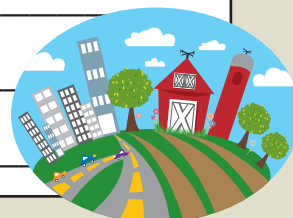
KEEPING TRACK

I visited Roanoke, Rocky Knob
and Mabry Mill on _____

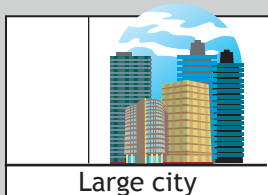
I explored _____

I enjoyed _____

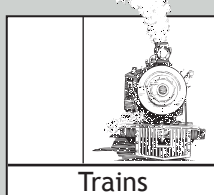
I discovered _____



In the box beside each picture below, put a 1 if it is something you could see in the **Roanoke Valley**. Put a 2 if it is something you could see at **Rocky Knob**. (some things might have a 1 and a 2). Put a star next to anything that **YOU** saw while traveling along the Parkway.



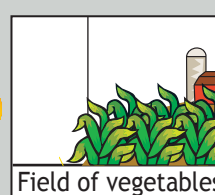
Large city



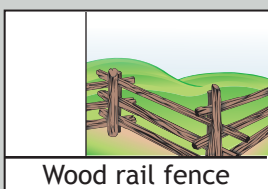
Trains



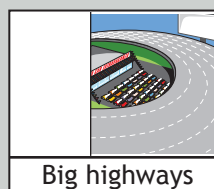
Small church



Field of vegetables



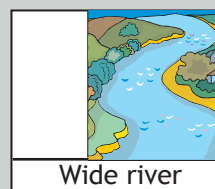
Wood rail fence



Big highways



Mountain views

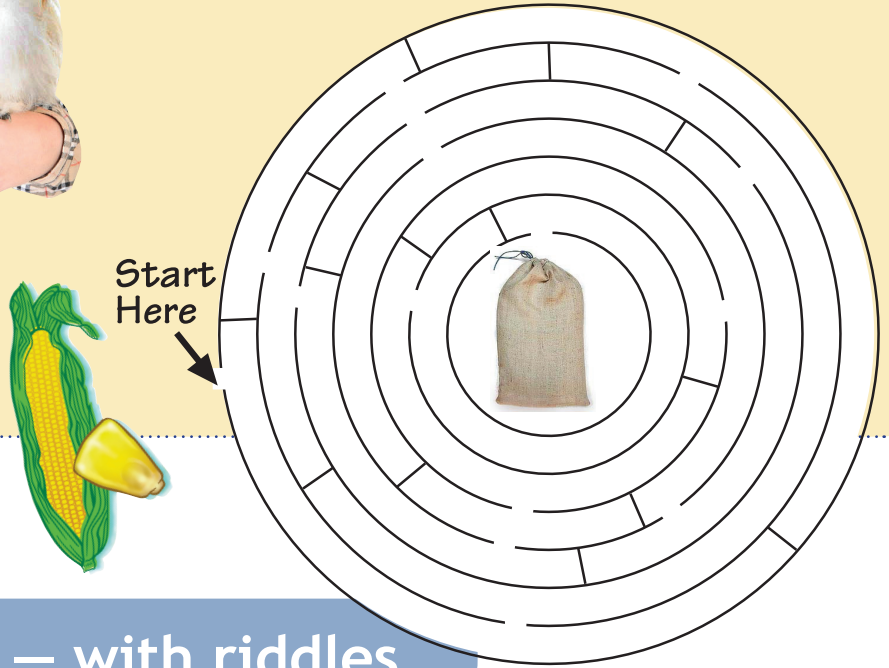


Wide river

Everybody has a job



In the Blue Ridge Mountains, people used their natural resources and things they grew on their farms to supply food, clothing, transportation and entertainment. Different people learned different skills and often traded what they made with other people nearby. At Mabry Mill (Milepost 176) you can learn about the jobs that Ed and Lizzie Mabry did. Follow the corn's path through the mill grindstone as it becomes cornmeal!



Passing the time of day — with riddles



In the past, children in the mountains or other parts of America enjoyed riddles. Here are some from around here. The answers may be things you have seen or heard about on your visit.

Big at the bottom, little at the top, something in the middle goes
Clippity Clop. **BTTURE CUNHR**

Has a head but never sleeps, has a mouth but never speaks, always runs
but never walks. **VIERR**

Round as a ball, sharp as an awl, lives all summer, and dies in the fall.
CTHNUSTE

Once it was green and growing, now it's dead and singing.
FLEDID

